



Absolute Medical. 1843 W Hubbard St #2A  
Chicago, IL 60622  
Tel: 312 233 2207 Fax: 866 860 9358  
To Order Online: [orders@absolutemedical.com](mailto:orders@absolutemedical.com)  
Our website: [absolutemedical.com](http://absolutemedical.com)

Patient Last Name: \_\_\_\_\_ Patient First Name: \_\_\_\_\_  
Fitter Last Name: \_\_\_\_\_ Fitter First Name: \_\_\_\_\_  
Date: \_\_\_\_\_

## LEGASSIST BK WITH SHELF CUSTOM

### Product Information

#### LEG

☐ LEFT  
☐ RIGHT

#### FOAM

☐ FLAT FOAM  
☐ WAVEFOAM™

#### FOOT OPTIONS

☐ COMPREBOOT™ PLUS (included)  
☐ CUSTOM MEDABOOT™ (additional charge)

#### SIZE\*

☐ REGULAR  
☐ SUPER

#### \*NOTE

If the greatest circumference measurement is >60cm, order a Super

#### CIRCUMFERENCE MEASUREMENTS

(Lateral aspect of leg)

Top of Garment

CA1

35cm

30cm

25cm

20cm

15cm

10cm

5cm

Choose a Zero Point  
See instructions

C0-Point

Bottom of Garment  
See instructions, Step 3

CA2

Distance from Floor \_\_\_\_\_

CL

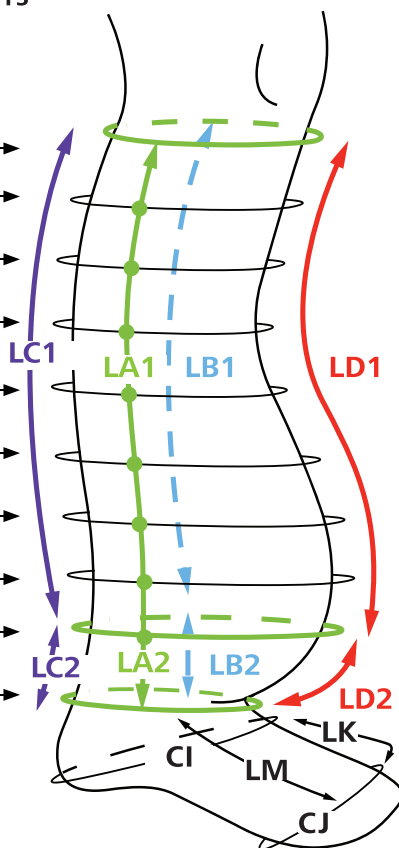
☐ Circumference of ankle (under lobule)

CI

☐ Circumference of instep to apex of heel

CJ

☐ Circumference across metatarsal heads



#### LENGTH MEASUREMENTS

Lateral

LA1 \_\_\_\_\_

LA2 \_\_\_\_\_

Medial

LB1 \_\_\_\_\_

LB2 \_\_\_\_\_

Posterior

LC1 \_\_\_\_\_

LC2 \_\_\_\_\_

Anterior

LD1 \_\_\_\_\_

LD2 \_\_\_\_\_

LK

☐ Length from 1st metatarsal head to posterior heel

LM

☐ Length from 3rd metatarsal head to instep



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## LEGASSIST BK WITH SHELF CUSTOM

### CUSTOM SIZE

Excellent choice for patients with lipedema, or who are outside of standard size ranges. Custom length available.

#### SUPPLIES NEEDED:

1. Cell phone with camera. Photos of the leg(s) with measurement markings **MUST** be included with order. E-mail to: [orders@absolutemedical.com](mailto:orders@absolutemedical.com)
2. Measuring Instructions and Forms
3. SIGVARIS Measuring tape and Body Pen (or eyeliner pencil)
4. Signed Custom Order Terms & Conditions Form (include with order).

#### INSTRUCTIONS CUSTOM LEGASSIST BK WITH SHELF:

*\*All measurements should be recorded in centimeters. Apply slight tension to hold the tape measure in place.*

##### STEP 1: Choose the Zero Point (0-Point)

*The Zero Point is unique to the LEGASSIST BK WITH SHELF garment. It is the reference point from which all other measurements are taken, in order to determine the lengths needed for the custom garment to fit the patient's individual ankle shape. Start by marking the lowest aspect of the curve of the ankle lobule, where a tape measure can be applied without sliding off. Trace a line around the leg at this Zero Point using the SIGVARIS body pen and record the circumference as C 0-Point.*

*Document your zero point location by measuring the distance from the floor.*

##### STEP 2: Choose where garment will end proximally, "Top of Garment".

*The ideal placement for the top edge of the garment is two finger widths below the popliteal crease, and across the fibular head and tibial tuberosity. However, the position of the Top of Garment can be customized, if needed, to overlap better with a LEGASSIST LCS thigh piece. Mark where you would like the Top of Garment, using the SIGVARIS body pen. Encircle the leg with the proximal edge of the tape measure positioned just below your markings, trace a line around the leg, and measure and record the circumference as CA1. This is your Top of Garment.*

##### STEP 3: Locate "Bottom of Garment" and Measure Circumference

*Measure the circumference at the Bottom of Garment where the ankle lobule touches the ankle and/or foot, and record as CA2. Do not apply tension to the tape measure and cause it to sink into the crease under the lobule. The smallest ankle measurement is not relevant for this product. The product is designed to hug and lift the ankle lobule.*

# LEGASSIST BK WITH SHELF CUSTOM

## STEP 4: Measure and Record Lengths

Measure each of the lengths below from the Zero Point, following the contour of the leg and ankle, but not extending the tape measure into folds. Lengths measured distal to the Zero Point should end where the ankle lobule touches the ankle or foot at the Bottom of Garment versus extending the tape measure up under the lobule. Record lengths as follows:

### LATERAL (A) LENGTHS (L):

LA1: Measure & record lateral length from Zero Point to Top of Garment

LA2: Measure & record lateral length from Zero Point to Bottom of Garment

### MEDIAL (B) LENGTHS (L):

LB1: Measure & record medial length from Zero Point to Top of Garment

LB2: Measure & record medial length from Zero Point to Bottom of Garment

### POSTERIOR (C) LENGTHS (L):

LC1: Measure & record posterior length from Zero Point to Top of Garment

LC2: Measure & record posterior length from Zero Point to Bottom of Garment

### ANTERIOR (D) LENGTHS (L):

LD1: Measure & record anterior length from Zero Point to Top of Garment

LD2: Measure & record anterior length from Zero Point to Bottom of Garment

## STEP 5: Measure & Record Circumferences

On the LATERAL aspect of the leg ONLY, mark every 5cm moving proximally from the Zero Point. Next, record the circumferences at each point, making sure that the measuring tape is parallel to the floor.

## STEP 6: Measure for the Foot Piece

(C=Circumference, L=Length)

Measure the circumference of the smallest ankle, under the ankle lobule, and record as CL.

Measure the circumference from the instep to the apex of the heel, and record as CI.

Measure the foot circumference at the metatarsal heads and record as CJ.

Measure the length from the 1st metatarsal head to the posterior aspect of the heel, and record as LK.

Measure the length from the dorsal aspect of the third metatarsal head to the instep, which may be under the ankle lobule, and record as LM.

## STEP 7: Pictures

Now that you have completed your measurements, take pictures of the leg (front, back, side) that show all of the measurement markings, as well as the overall shape of the leg. This will assist our expert design team to further customize the garment according to your patient's individual needs.

E-mail the pictures with your completed forms to: [orders@absolutemedical.com](mailto:orders@absolutemedical.com)

Don't forget to record the patient's age, height, and weight, as this also helps with customizing the garment.

## Step 8: Select Additional Options

You are ready to complete your forms and place the order.

Choose Right or Left leg

Choose Size: If the greatest leg circumference is >60cm, order a Super

Choose Flat or Wavefoam (recommended)

Choose CompreBoot Plus (included) or Custom MedaBoot (additional charge)